DAILY PRACTICE TRACKER

Week of: _____

	MINUTES	CHANGES	TEMPO	CLEAN	PLAYED FOR FUN
MONDAY					
Note:					
TUESDAY					
Note:					
WEDNESDAY					
Note:					
THURSDAY					
Note:					
FRIDAY					
Note:					
SATURDAY					
Note:					
SUNDAY					
Note:					

MINUTES
total played.

CHANGES
clean chord changes in sixty seconds.

TEMPO
fastest clean metronome speed

CLEAN
clean strums out of ten on your target chord.